

A Prayer for Your Child's Health and Body

Father, thank you for blessing my children with healthy and whole bodies. Thank you shaping them carefully and skillfully. Indeed, my children are fearfully and wonderfully made by God. Lord, help my children to love and appreciate their bodies. May they not be caught up in the trap of deceit and wrong ideologies about their bodies. Help them to understand and accept their uniqueness and true identity in Christ Jesus.

I pray that you Lord will always protect my children's bodies from all harm and attack of the evil one. Shield their bodies from diseases, sickness and accidents. Let your hedge of protection be roundabout their bodies and may your angels always be on guard to protect their bodies from potential danger, threats and attacks from the enemy.

Lord, I ask that you fill my children's bodies with your strength. Help them to fight weariness, anxiety and overwhelm that can cause harm to their bodies and health. Guard their choices and help them to embrace a healthy lifestyle. Lead them away from people, places and situations that will lead them on a path of destroying their bodies. May my children not be found choosing habits and embracing vices that can cause great harm to their bodies and health.

Lord, help my children to know that their bodies belong to God and is the temple of God. Teach them to possess their earthly vessels with honor. May they clearly see that they carry God inside them and that they must glorify him with their bodies. Help my children to shun immorality, sin and those things that can bring dishonor to God in their lives. Fill them with an awareness of the need to always care for and nourish their bodies every single day. May they not tilt towards habits and activities that will bring illness and disease to their bodies. I pray that they will always make wise choices about their bodies and health.

I declare that my children prosper both in their bodies and mind. Thank you Lord for taking sickness and diseases away from their midst. Thank you for healing them and restoring their health. Where there is a life threatening illness, I pray that the son of righteousness will arise with healing in his wings over that child. I declare that my children's bodies will not be broken by sickness. I declare that the same spirit that raised Jesus from the dead will come and give life to their mortal bodies. Heal my child Lord and he/she will be healed. I declare that it will always be well with my child's spirit, soul and body. Amen!

