

Prayers for The Mom Struggling With Anxiety and Depression

Dear Lord,

I pray for every mother walking through a dark season right now. I pray for that mother who is struggling with anxiety and battling with depression in her life. I ask that you wrap your loving arms around her. Let her feel your tangible presence in her life in a way she has never known. I ask lord that you draw her from the pit of darkness and loneliness that seeks to swallow her up. Lord, help her to lay her burdens before you and show her that you truly care for her. Strengthen and help her to turn her focus on you, the maker of heaven and earth.

Heavenly father, I ask that you draw her away from the darkness that seems to cloud her mind and soul. Lift her up from the ashes of despair and hopelessness and help her to see that your loving kindness abides with her forever. I pray that you will shield her mind from every attack of the wicked one and rid it of every negative thought. Bring calm to her racing thoughts and let her sleep be sound each time she lays down to rest.

May she see that your faithful love for her never ends and that your mercies are renewed afresh in her life every single day. Lord, help her to run to you and look at you whenever she is feeling anxious. May she find stillness in the midst of chaos knowing that you will fight all her battles for her.

I pray that you will fill her mind and life with your peace and that she will experience God's peace which exceeds anything we can ever understand. Fill her with unspeakable joy that is full of glory. Lead her forth in your peace and may her heart overflow with hope all the days of her life. Amen!

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